

The Whole Person

People with Disabilities Leading Independent Lives

Junior Wheelchair Tennis Clinic

April 14 - May 19

The TWP Junior Wheelchair Tennis Clinic is aimed at introducing youth with a variety of physical limitations to explore basic skills in a fun, recreational environment and learn the fundamentals of tennis.

Details about the Clinic

- Coaches Jarvis Stirn, Jeff Walker and Melissa Burns
- Ages 5-17 years introduction and advanced playing opportunities at Northland Racquet Club, 306 Tennis Ct, North Kansas City, MO 64116
- 6-week session on Thursdays, 6pm-7pm, April 14 -May 19th
- Cost per player is \$35.00
- Parent/guardian will need to sign a waiver before the start of the clinic. Waivers are available online.
- Rackets/sports chairs can be provided for youth who do not have their own.

Goals of the clinic

- Youth learn the basics of tennis in a fun interactive environment
- To improve hand/eye coordination, racquet skills, volleys, and groundstrokes
- To prepare adaptive tennis players for competitive play

Wheelchair Tennis Adaptations

Wheelchair tennis is one of the fastest-growing recreational and competitive sports for people with disabilities and one of the most accessible and integrated sports around the country. Wheelchair tennis follows the same rules as able-bodied tennis, with one exception. That being, the wheelchair tennis player is allowed two bounces instead of one.

Participation

To ensure a fun and safe event, youth must be:

- Able to follow 1-3 directions at a time
- Seizure free for at least 2 months
- Caregiver presence needed for assistance if the participant is not physically independent
- Having participants be able to push a manual wheelchair independently is preferred

If you are interested in the wheelchair tennis program, contact:
Dr. Melissa Burns PsyD, at 816-627-2220, or MBurns@thewholeperson.org.

Ongoing practices after the clinic are also available.



JARVIS STIRN



JEFF WALKER



MELISSA BURNS