

Reducing gaps in accessible sports availability and promoting community inclusion and awareness of disabilities through sports.



February 2021 quarterly newsletter

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The Covid-19 pandemic has created big changes in all our lives and most certainly in Kansas City's local accessible sports community. Programs are balancing safety and are eager to regain normal operations but many opportunities have been put on hold or converted to virtual formats. Virtual formats have both advantages and disadvantages for adaptive athletes but certainly provide an easy way to try new things at very little to no cost from the safety of your own home. One that caught our eye was Move United's Free Virtual Cycling Class on Mondays and Fridays 7:00am-8:00am. [Check it out HERE!](#)

We would like to promote our Community Gaps Survey. Please pass along to anyone that may be interested. [Take the survey HERE!](#)

If you have an event or program in the Greater Kansas City Area that is available to all abilities, please submit a request to be included in our online calendar! [Add your event to our calendar HERE!](#)

ASGKC News

Educate the Educators is a program funded as a sub-grantee of ASGKC and directed by community partner Midwest Adaptive Sports. They help local students understand the importance of inclusion in sports and recreation by taking a unique immersive approach.

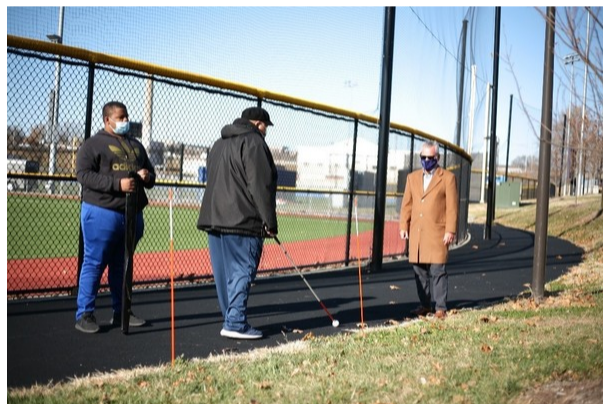
Here are a couple articles highlighting the program over the last year.

Nonprofit introduces Kearney students to adaptive sports - Group comes to Kearney Junior High School freshmen gym class to show them wheelchair basketball, and raise awareness, not only about disabilities, but about what us as disabled athletes can do. [Click here to read!](#)

'Reverse inclusion:' Program offers kids a view of adaptive sports - The best way to learn about something is to participate in it. And that's how a group of Lee's Summit students are studying inclusion. [Click here to read!](#)

ASGKC advocates for equal access to KC public parks

We recently helped place tactile markers in Parade Park next to the 18th and Vine district to help provide a safe and economical entry onto the park's recreational walking path. KC Parks and Rec continues to be a great local partner to help create accessible park spaces in KC, a basic necessity for all members of the community. See photos below.



Local News

Martin Luther King Jr. Park east of the plaza planned improvements will have a focus on all-inclusive play areas with the help of KC Chief's quarterback Patrick Mahomes. [Read more HERE!](#)

ASGKC was there with Wesley Hamilton and KC Parks and Rec in the fall to check out the proposed site as part of an ongoing Facebook series now called "Wellness with Wesley." The series highlights accessibility in our local neighborhood parks. [Watch video HERE!](#)

Local boy scout Ben Edwards helps create adaptive sports equipment storage system in Hy-Vee Arena. [Read about it HERE!](#)

National News

Move United developed fitness kits for individuals with physical disabilities to stay active and healthy at home during the pandemic. These free #AdaptAtHome Fitness Kits help keep athletes active and engaged. [Register to receive a kit HERE!](#)

Still hopeful the 2020 Paralympics will happen in 2021! [Read more HERE!](#)

Partner News

Midwest Aquatics promotes 2021 Submerged Adaptive Festival, June 9-13. [Learn more HERE!](#)

The Whole Person is starting an All Abilities Self-Defense Class. Classes held on February 13 and 20. [Details HERE!](#)

The Whole Person is resuming Tennis for All Abilities! Mondays, March 1 – April 5. [Sign up to play HERE!](#)

Polar Plunge benefiting **Special Olympics Kansas** in KC, will be held on February 13. [Details HERE!](#)

Polar Plunge benefiting **Special Olympics Missouri** at the Lake of the Ozarks on February 26-27. [Details HERE!](#)



About ASGKC

AS-GKC.net is a stand-alone, community-wide, all-inclusive adaptive sports website and calendar that lists adaptive/accessible sports activities throughout the metropolitan area. Organizations, businesses, nonprofits, communities, groups, etc., that offer accessible sporting activities in the KC Metro Area (Missouri and Kansas) are encouraged to list their events, teams, activities, venues, etc., on the website.

The website was created to address the gaps in the Kansas City metropolitan area in communication, collaboration, and access to adaptive/accessible sports programs and venues for people of all ages with physical, mental health, and/or intellectual disabilities.

AS-GKC.net is supported by a Healthy Communities grant from the [Health Forward Foundation](#).

[Visit our website here](#)



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